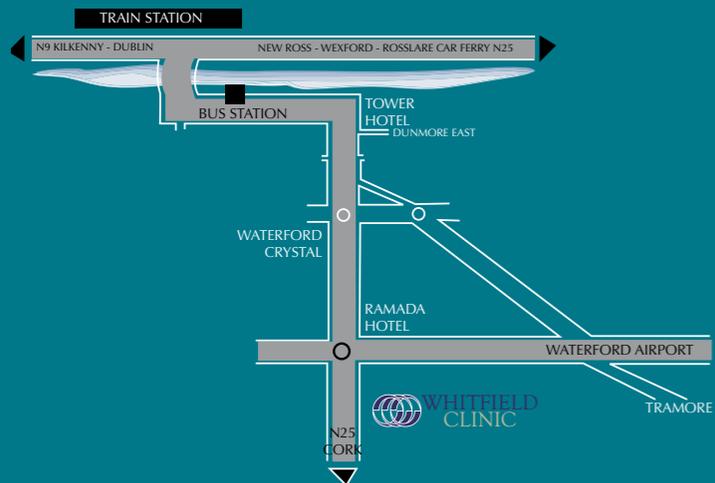




Case Discussion:

The faculty encourage the submission of interesting or difficult cases of recurrent groin or hip injury, from candidates, for discussion at the meeting. A number of cases will be discussed at the end of the symposium.



Symposium Organiser:

Mr. Patrick Carton
Consultant Orthopaedic Surgeon,
Orthopaedic and Sports Surgery Centre, Whitfield Clinic



Cork Road, Butlerstown North
Waterford.

To secure a place please contact:

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THE 2ND INTERNATIONAL HIP AND GROIN SPORTS INJURY SYMPOSIUM WHITFIELD CLINIC 2012

June 23rd 2012

Venue:

Waterford Institute of Technology (WIT), Cork Road, Waterford City.

Introduction:

The Hip and Groin Clinic at the Whitfield Clinic Medical Centre has organised a 2nd sports injury symposium to once again bring together international specialists in hip and groin sports surgery, as well as national experts in sports rehabilitation to discuss many of the difficulties surrounding hip and groin sports injury and its management.

This is the second in a series of these meetings focusing on injuries to the groin and hip, providing detailed and up-to-date presentations on examination, investigation and treatment of acute and recurrent injury, in active sportsmen and women.

The symposium will take place in the Waterford Institute of Technology (WIT) Health Science facility, only minutes from the Whitfield Clinic, in Waterford City.

Who is the symposium designed for?

Sports physicians, general practitioners and physiotherapists with an interest in sports injury, as well as therapists involved in the rehabilitation and treatment of sports injury.

Aim of the symposium:

To create awareness and update practitioners of the recent advances in the diagnosis, investigation and management of both acute and chronic injury to the hip and groin, to present the outcome from surgery, and to address the importance of injury prevention and rehabilitation strategies.



Faculty:

Chairman: Mr. Tadhg O'Sullivan
FRCSI, MCh (Orth), FRCS (Orth), FFSEMI
Clinical Director, Orthopaedic and
Sports Surgery Centre, Whitfield Clinic

Guest Speakers

1. Mr. Jerry Gilmore MS FRCS FRCS (Ed) F. Int. Sports Med.
Consultant General Surgeon, Gilmore Groin Clinic, London, UK
2. Mr. Srino Bharam MD, PC.
Consultant Orthopaedic Surgeon, New York City, USA

Programme

09.40 am	Welcome and Introduction Mr. Tadhg O'Sullivan Groin Injury
10.00 am	Deconstructing The Groin Pain Conundrum Mr. Patrick Carton
10.30 am	Gilmore's Groin Mr. Jerry Gilmore
11.15 am	Coffee Hip Injury
11.30 am	CAM Impingement Mr. Srino Bharam
12.00pm	Pincer Impingement and Labral Repair Mr. Patrick Carton
12.40 pm	Post-Operative Rehabilitation: A Professional and Personal Perspective Mr. Shane Walsh
1.00 pm	Questions and Case Discussion: Mr. Tadhg O'Sullivan/Faculty
1.30 pm	Lunch The Atrium, Whitfield Clinic
2.30 pm	Close



Symposium Overview:

Groin Injury:

Acute and chronic groin pain is a common and difficult problem facing doctors and physiotherapists involved in treating sports injuries.

Mr Patrick Carton MD FRCS (Tr&Orth), a specialist in sports surgery of the hip and groin, presents his experience on diagnosis of hip and groin related pain in athletes. Through history, examination and investigation he will 'deconstruct the groin pain conundrum' presenting a step-by-step method to successful diagnosis.

Mr. Jerry Gilmore, an internationally renowned expert in groin surgery, presents his experience in the successful surgical management of acute and chronic groin pain, in athletes. He presents the excellent outcome following surgery, with rapid return to sport, for the thousands of professional football players and athletes who have been under his care.

Hip Injury:

Hip related injury is becoming increasingly recognised as one of the most important causes of acute and recurrent groin pain in sportsmen and women. Impingement and injury to the labrum (seal of the hip) are common among sportsmen and women and often misdiagnosed as groin injury. Delay in diagnosis can result in damage to the hip joint and early arthritis leading to early retirement from sports.

Mr. Srino Bharam is an expert in the management of hip-related injury and groin pain in athletes. He is the director of hip arthroscopy and orthopaedic research at Saint Vincent's Hospital, Manhattan, and an attending surgeon on the sports medicine service at Lenox Hill Hospital, New York. His presentation will focus on the CAM deformity in the hip and on his experience in the management of this condition in top level and professional athletes.

Mr. Patrick Carton utilises 'keyhole' surgery techniques to repair damage to the hip in sportsmen and women and presents the indications for, and outcome following, arthroscopic hip surgery and labral repair, for pincer (hip) impingement, in athletes.

Shane Walsh, sports physiotherapist at the Whitfield Clinic, describes the major impact groin and hip injuries have on competitive athletes, prevention strategies employed to reduce this burden, screening for hip related conditions and successful rehabilitation programmes for before and after the need for surgery.